The BCFED Health & Safety Centre is again offering its courses during the 2013 CLC Winter School.

This is a great opportunity to take several courses in a compressed time frame and get your skills up to speed quickly!

See reverse for course descriptions.

Prevention Through Education

January 20-25
Health & Safety Level 1

January 13-18
Health & Safety Level 2

January 27- February 1
Health & Safety Level 3

February 3-8
Women's Health & Safety

February 12-15
NEW! Medical Orientation

To register, go to the CLC Pacific website at www.canadianlabour.ca/ pacific-region

For more information on course content, contact the BCFED Health & Safety Centre 604.430.1421
January 20-25
Health & Safety Level 1
This introductory Occupational Health & Safety (OH&S) course will introduce new Committee members and Worker Representatives to the basic principles of workplace health and safety. This course also serves as a great ‘Back to Basics’ course for those OH&S Committee members who desire refresher training.

In this course participants will:
• Learn the responsibilities and duties of the Joint OH&S Committee.
• Learn about the OH&S Regulation and the Workers Compensation Act, workers’ OH&S rights and the procedure for refusing unsafe work.
• Learn how to conduct effective Incident Investigations and safety inspections.
• Learn how to assess all the contributing factors in order to put develop effective corrective actions.
• Identify and assess Ergonomic problems in the workplace, and ways of finding solutions.

January 13-18
Health & Safety Level 2
The OH&S Level 2 has been designed to allow participants to develop the tools, resources and strategies to build on their successes and to tackle the tough OH&S issues at their workplaces.

In this course participants will:
• Discuss barriers facing Joint OH&S Committees and develop creative strategies and solutions to deal with them.
• How to mobilize support for dealing with the barriers preventing the solution of health and safety hazards.
• Learn what the requirements of the Violence in the Workplace Regulation are for implementing a violence prevention program.
• Identify and learn about organizational stress hazards in your workplace, how stress affects our work, our families and our communities and develop prevention strategies to minimize workplace stress.
• Basic understanding of Emergency Preparedness and the preparations needed so that emergencies don’t translate into disasters.
• Learn how to use the OH&S Regulation and the Workers Compensation Act as resources.

(Prerequisite Level 1)

January 27 - February 1
Health & Safety Level 3
• This course will examine emerging occupational health, safety and environmental issues:
• Implications of nanotechnologies, electromagnetic fields, multiple chemical sensitizations, indoor air quality, asbestos exposure registry of the WCB of BC.
• Understanding of the theory and practice of occupational hygiene monitoring and interpreting occupational hygiene reports. Concepts such as Threshold Limit Values (TLVs), Time Weighted Average (TWA), Short Term Exposure Limit (STEL) and Ceiling (C) terminology will be explained.
• The forth coming changes with the Global Harmonized System; what it will mean for your workplace and your committee.
• New and Young Workers; Legislative requirements, training and supervision.
• Unions and the Environment; Green Jobs, Just transition, community right to know.
• Bargaining health and safety language into contracts.
• Historical development of occupational health and safety legislation in Canada and British Columbia.

(Prerequisite Level 1 or 2)

February 3-8
Women’s Health & Safety
All workers face health and safety issues at work – injuries, workplace hazards, disease and stress. Many of these issues also have a gender dimension - they affect women’s bodies in particular ways.

In this course, participants will discuss and learn about how women’s health (including reproductive health) is affected by:
• Toxic workplace substances
• The way work is often designed to fit men’s bodies
• Workplace stresses such as violence and harassment
• The program gives participants tools and skills for assessing workplace hazards and risks, and provides participants with a sound knowledge of key health and safety principles, (hazard control, precautionary principles, right to refuse, right to know, and the right to participate). This program is geared to women who are health and safety committee members, and to all women who want to know more about how to make our workplaces and lives safer and healthier.

(No prerequisite)

February 12-15
Medical Orientation (*New)
The medical orientation course is a comprehensive program designed to break down the barrier of communicating in ‘medicales’. Through straight-forward explanations and exercises, medical terminology is broken down into understandable terms. Participants will learn about basic human anatomy, body functions and systems, diagnostic testing and surgical procedures. We will focus on areas that are common to WCB and/or Occupational Health & Safety advocacy. Specific work related injuries will be discussed with an in-depth look at occupational diseases and how to prove a causal relationship. Actual medical reports will be used throughout the course. This course will be of interest for advanced Health & Safety, Workers Compensation or Return to Work activists.

Prerequisite: WCB Level 1, Health & Safety Level 1 or Return To Work.